

2019 Boys Spring All District Track & Field Team

Sprinters

Makhi Theosmy Freehold Boro
Tyler Kelly Freehold Twp.
Justin Dibsie Colts Neck

Hurdlers

Felix Lawrence Freehold Twp.
Xavier Hargrove Howell

Distance

Nick Lundberg Freehold Twp.
Zack Simon Freehold Twp.
Rishi Sharma Manalapan

Vertical Jumps

Zach Glasser Freehold Twp.
Andrew Colbert Freehold Twp.

Horizontal Jumps

David Jolly Freehold Twp.
Jason Potterton Marlboro

Throwers

Dom Palumbo Marlboro
Joe Sauchelli Manalapan
Cole Tucker Colts Neck

Relays

4x100

Marlboro

Luke Rapley

Samil Jain

Eric Shaker

Eugene Graves

4x400

Freehold Twp.

Andrew Colbert

Parker Scherer

Felix Lawrence

Tyler Kelly

4x800

Freehold Twp.

Zack Simon

Tyler Kelly

Justin Leohner

Joe Kinder

Parker Scherer

Honorable Mention

Matt Bogdan

Colts Neck

Joe LoCurcio

Freehold Boro

Tom Silvestrone

Freehold Twp.

Johnnie Manfre

Freehold Twp.

Ben Teicher

Freehold Twp.

Nader Daoud

Freehold Twp.

Zach Zawatski

Freehold Twp.

TJ Hillyer

Howell

James LoMonaco

Manalapan

Eric Chen

Marlboro

Selected by the FRHSD Coaches