

You're Invited *by the Colts Neck Public Schools (K-8) and* their Special Ed Parent Organization, the Colts Neck Friends of Different Learners, to a parent night this Thursday, Jan 25 @ 7:30 pm.

There will be a presentation entitled "Raising Resilient Teens in Challenging Times".

Thu, January 25, 2018
7:30 PM – 8:30 PM EST

Cedar Drive Middle School
[73 Cedar Drive](#)
Colts Neck, NJ 07722

Eventbrite Registration link:

<https://www.eventbrite.com/e/raising-resilient-teens-in-challenging-times-tickets-41050657622?utm-medium=discovery&utm-campaign=social&utm-content=attendeeshare&aff=escb&utm-source=cp&utm-term=listing>

DESCRIPTION

Guest Speaker, Phyllis Alongi, MS, NCC, LPC, ACS, Clinical Director of the Society for the Prevention of Teen Suicide will provide a presentation for parents/caregivers to discuss some of the difficulties of parenting a teen in challenging times. This engaging presentation will address the many stressors and obstacles teens are faced with today, while helping parents and/or caregivers gain the awareness and knowledge needed to have those "difficult" conversations with their teens. An ample amount of resources for attendees will be provided.

Light Refreshments Served. No Fee to Attend.

Guest Speaker Bio:

Phyllis Alongi, MS, NCC, LPC, ACS, Clinical Director of the Society for the Prevention of Teen Suicide is a Licensed Professional Counselor and has numerous years of counseling experience with children, adolescents and adults in both Partial Care and Intensive outpatient settings. She is a former educator with over 10 years of teaching experience. Phyllis obtained her Master's Degree from Monmouth University in Professional Counseling in 2009 and the Advanced Clinical Supervision Certification in 2014. Prior to joining the team at SPTS, Phyllis served as the Clinical Consultant for the Toms River School District, Brick Township School Based Youth Services Program and Program Development Specialist for The Sandy Support and Counseling Project. Phyllis is in private practice in Brielle, NJ. Phyllis conducts suicide prevention training to schools, agencies and community organizations nationally. Phyllis is proud to share in the vision of -such a meaningful and dynamic organization such as SPTS. Phyllis is frequently interviewed on the topic of Suicidology and has been quoted in numerous publications including, The New York Times, People Magazine and Psychotherapy Networker.

Please use the Eventbrite Registration link to register yourself for the event.